

SEIZURES

IN

NEONATES

Medical personnel **vary** significantly in
their ability to recognize suspect behaviors,
contributing to both **overdiagnosis**
and **underdiagnosis.**

However,

abnormal motor or autonomic behaviors

may represent

age- and state-specific behaviors

in healthy infants,

or nonepileptic paroxysmal conditions in symptomatic infants.

For these reasons, *confirmation of suspect clinical events* with coincident EEG recordings is now more widely recommended.

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Clinical Categories

- The clinical criteria for neonatal seizure diagnosis were historically subdivided into ***five clinical categories:***
 - ***focal clonic***
 - ***multifocal or migratory clonic***
 - ***tonic***
 - ***myoclonic***
 - ***subtle seizures***

Hypoxia -Asphyxia

- *Hypoxia-ischemia (i.e., asphyxia)* is traditionally considered ***the most common causal factor*** associated with neonatal seizures.
- Neonate suffer asphyxia ***either before or during parturition***, and ***only 10% of cases*** of asphyxia result from ***postnatal causes***.
- When asphyxia is suspected during the labor and delivery process, **biochemical confirmation** can be attempted.

Hypoxia -Asphyxia

- The duration of asphyxia is difficult to assess based on either single or even multiple P_{O_2} values, but $pH < 7.1$ are considered of **greater clinical concern for predicting HIE**, although the suggested guideline of a $pH < 7.1$ is one criterion by which the clinical entity of HIE might be predicted.
- A metabolic definition of asphyxia ***should also include*** a base deficit of less than 12 mmol/L ($BE > -12$), although specific researchers suggest $BE > -16$ mmol/L because of its ***higher predictive power*** for the emergence of the HIE syndrome, including clinical seizures.

MAJOR ETIOLOGIES FOR SEIZURES

Hypoglycemia

- **Significant Hypoglycemia** is usually defined as **glucose levels less of 35 to 40 mg/dL (BS < 50)**.
- No clear consensus exists concerning a direct cause-and-effect relationship of hypoglycemia with seizure occurrence.
- **Associated disturbances may coexist**, such as hypocalcemia, craniocerebral trauma, cerebrovascular lesions, and asphyxia, which may also **contribute to lowering the infant's threshold for seizures.**

MAJOR ETIOLOGIES FOR SEIZURES

Hypocalcemia

- **Total serum calcium** levels **below 7 (7/8) to 8 mg/dL** generally define hypocalcemia.
- **The ionized fraction** is a ~~more sensitive indicator~~ of ~~seizure vulnerability~~.
- The exact level of hypocalcemia at which seizures occur is debatable. **An ionized fraction of ≤ 0.7 mg/dL or less** may have a **more predictable association with the presence of seizures.**



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MAJOR ETIOLOGIES FOR SEIZURES

Cerebrovascular Lesions

- **Hemorrhagic** or **ischemic** **cerebrovascular lesions** are associated with neonatal seizure.
- **IVH** or periventricular hemorrhage (**PVH**) is the most common intracranial hemorrhage (ICH) of the preterm infant, and has been associated with seizures in as much as 45% of a preterm population with EEG-confirmed seizures.

MAJOR ETIOLOGIES FOR SEIZURES

Infection

- **CNS infections** during the antepartum or postnatal periods *can be associated with neonatal seizures.*
- **Congenital infections**, commonly referred to by the acronym **TORCH** can produce severe encephalopathic damage that results in *seizures.*

MAJOR ETIOLOGIES FOR SEIZURES

CNS
Malformations

Malformations
CNS

- **Brain anomalies** may occur as a result of either genetic causes from conception or acquired defects during the first half of gestation.
- Specific dysgenesis syndromes, such as **holoprosencephaly** and **lissencephaly**, are often associated with characteristic facial or body anomalies.



Figure 28-4 Trisomy 13. **A**, Note anomalous midline facial development with hypotelorism, midline cleft lip, and lack of a nose.

MAJOR ETIOLOGIES FOR SEIZURES

Drug Withdrawal

- Exposure to *barbiturates, alcohol, heroin, cocaine, or methadone* commonly presents with neurologic findings that include *tremors* and *irritability*.
- *Depending on the pattern of use* and *the timing of last use*, the *onset of neonatal withdrawal* from narcotics *generally begins in the first 2 to 3 days after birth* but may occur as late as 6 weeks.



TREATMENT

- **Rapid infusion of glucose** or other

supplemental electrolytes should be **initiated before antiepileptic medications.**

- **Symptomatic hypoglycemia** can be readily corrected by **IV administration of 2 mL/kg of a 10% dextrose** solution, beginning with an infusion of approximately **0 to 1 mg/kg per minute** and increased as needed.

- **Persistent hypoglycemia** may require more hypertonic glucose solutions. Rarely, **other** pharmacologic measures (e.g., **diazoxide**) may be needed to establish a glucose level within the normal range .

TREATMENT

- Phenobarbital

- the *initial loading dose* is recommended at

20 mg/kg (→ 10 → 5 → 5), with a

maintenance dose of 3 to 4 mg/kg per day.

- Therapeutic levels are usually suggested to range from 10 to 40 $\mu\text{g/mL}$, although there is no consensus with respect to drug maintenance.

TREATMENT

- Levetiracetam

- Phenytoin 15 to 20 mg/kg.

- maintenance dose of 4-5 (¹) mg/kg per day.

- Benzodiazepines may also be used to control neonatal seizures. The drug **most widely used** is

clonazepam & midazolam (0.1-0.5 mg/kg -
-- 0.1-0.6 mg/kg/h).

Discontinuation of Drug Use

- Discontinuation of drugs before discharge from the neonatal unit is usually recommended so that clinical assessments of arousal, tone, and behavior will not be hampered by medication effect.



Discontinuation of Drug Use

- ***Neonatal seizures rarely reoccur during the first 2 years*** of life
- This **“honeymoon period”** without seizures **commonly persists for many years** in most children, before isolated or recurrent seizures appear.

PROGNOSIS

- **Normal findings on interictal EEG** were associated with an **86% chance of normal development at 4 years** of age in 139 neonates with seizures.



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هر که غمی از مؤمنی بزداید خداوند اندوههای آخرت را از او برطرف سازد

کافی ج ۲ ص ۱۹

