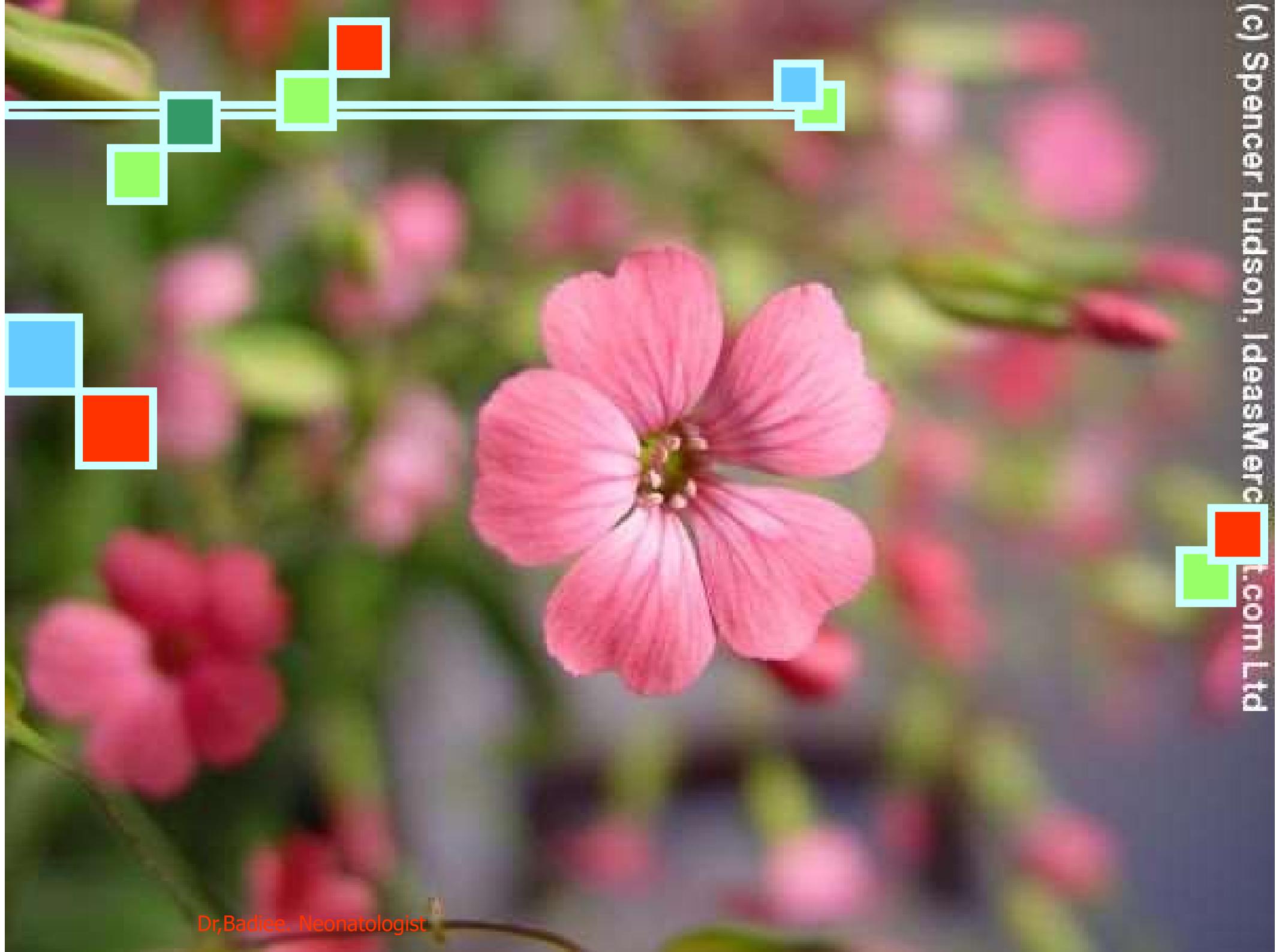
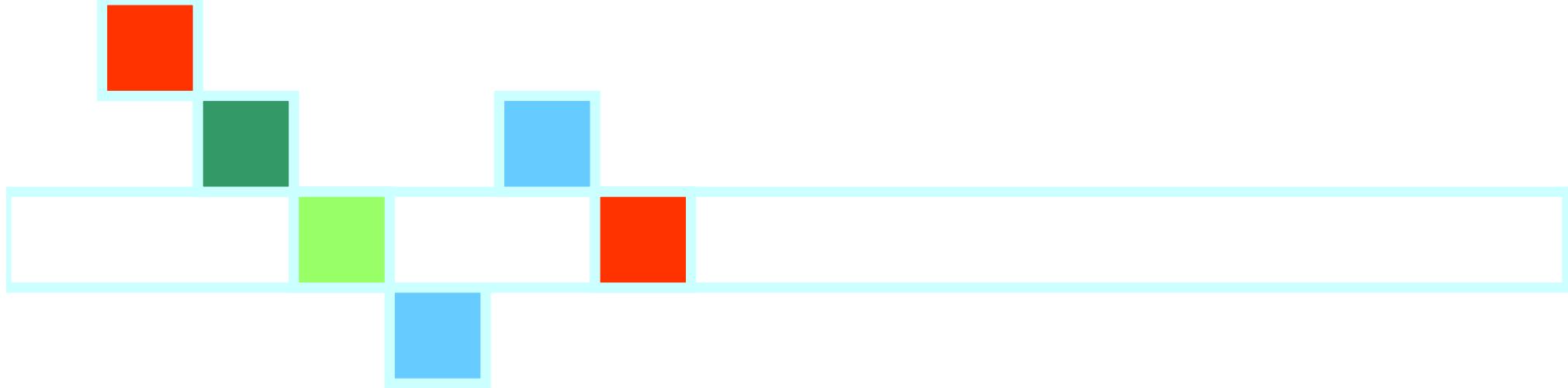


بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

in the name of God



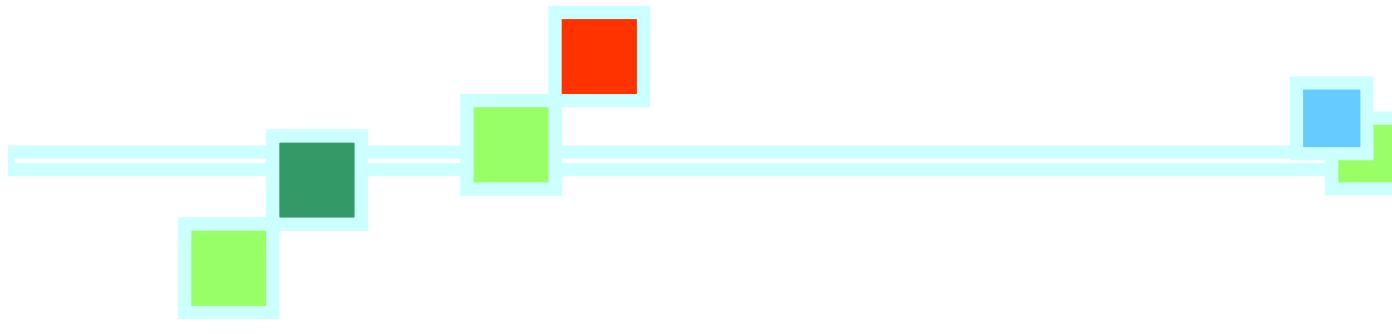
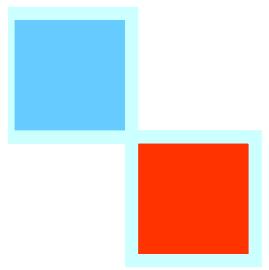
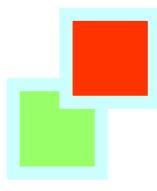


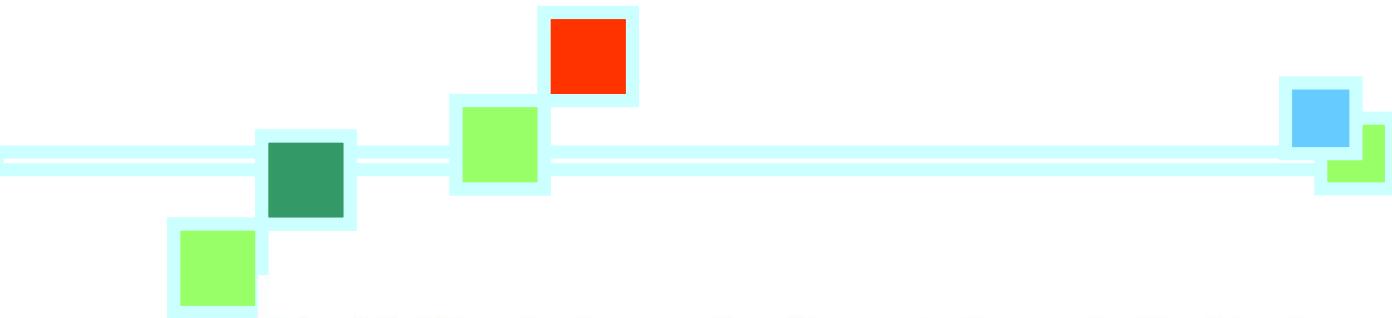
DICHOICE PLANNING



Zohreh Badiee, Professor of Pediatrics,
Neonatologist

- discharge planning program provides sufficient education and support to families/caregivers to help them transition successfully to home

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- It includes the following:
 - Assessment of the infant's medical status and readiness for discharge
 - Preparation of families to care for their infant at home
 - Transition of ongoing care for the infant to community providers



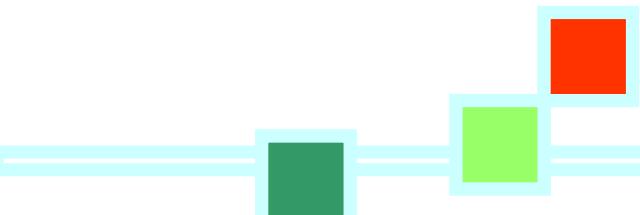
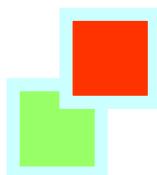
Checklist for discharge planning for infants admitted to the neonatal intensive care unit (NICU)

Neonatal planning

1. Neonatal status and readiness:
 - a. Able to maintain temperature in open crib with normal ambient temperature
 - b. Adequate cardiorespiratory control without episodes of apnea and bradycardia
 - c. Adequate intake to promote appropriate growth and demonstrated a consistent pattern of appropriate weight prior to discharge
 - d. Able to sleep in a flat and supine position
2. Completion of routine screening including:
 - a. Metabolic and genetic disorders
 - b. Retinopathy of prematurity for infants with gestational age <30 weeks
 - c. Hearing screening using auditory brainstem response
 - d. Other screening tests based on clinical settings may include brain imaging and laboratory studies (eg, complete blood count or alkaline phosphatase)
3. Routine immunization based on chronological age consistent with the schedule and dose recommended for normal full-term infants
4. Passing car seat/bed test
5. Identify specialized needs for individual patients, including medication, formula, medical equipment, and in cases of incurable terminal conditions, hospice care

Family planning

1. Parental education and readiness:
 - a. Demonstrate competency in the daily care of their infant
 - b. Demonstrate knowledge of normal behavior of their infant and ability to recognize signs and symptoms of illnesses that require medical consultation
 - c. Understand safety (eg, sleep position and environment) and coping measures for the care of their infant
2. Home environment preparation:

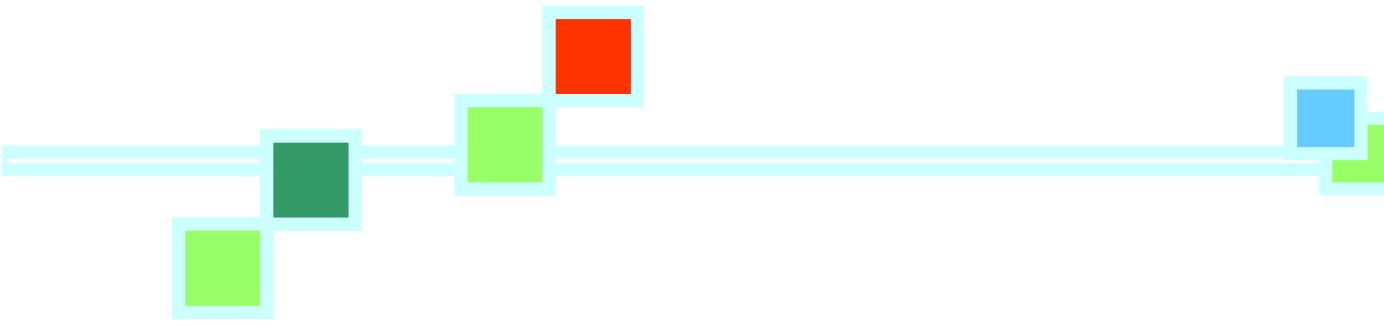
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- c. Adequate intake to promote appropriate growth and demonstrated a consistent pattern of appropriate weight prior to discharge
 - d. Able to sleep in a flat and supine position
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 - a. Metabolic and genetic disorders
 - b. Retinopathy of prematurity for infants with gestational age <30 weeks
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Family planning

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 - b. Demonstrate knowledge of normal behavior of their infant and ability to recognize signs and symptoms of illnesses that require medical consultation
 - c. Understand safety (eg, sleep position and environment) and coping measures for the care of their infant
2. Home environment preparation:
 - a. Obtain the necessary supplies and equipment needed for the daily care of their infant
 - b. Evaluation of social and financial needs that may require additional supports, and if needed, appropriate referrals are made

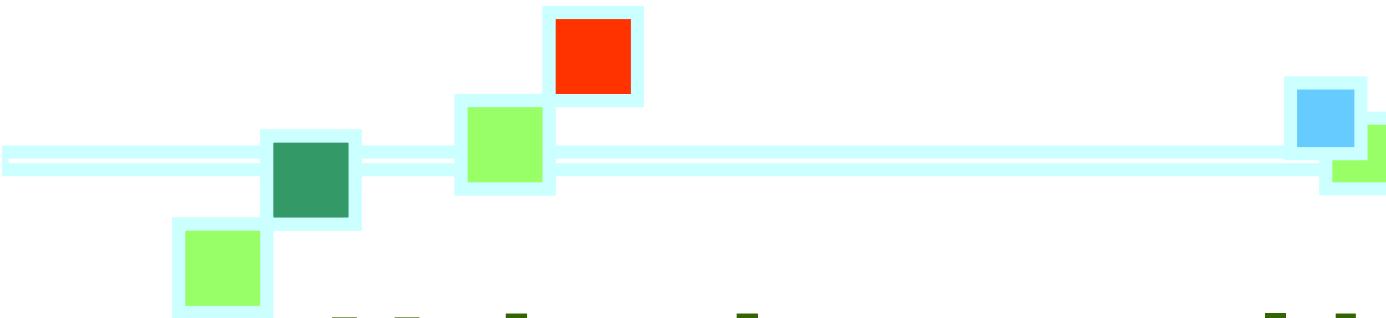
Transition planning and post-discharge care

1. Primary care provider:
 - a. An appointment with a primary care provider (PCP) with expertise in the care of graduates from the NICU is scheduled within 48 to 72 hours after discharge
 - b. Prior communication between the NICU team and PCP has occurred with review of the infant's NICU course and a summary of ongoing care issues
2. Specialty follow-up:
 - a. If appropriate, appointments scheduled for post-discharge follow-up with subspecialty services
3. Community services:
 - a. If appropriate, follow-up with community services



Medical readiness

- Infants ready for discharge must be medically stable and without any acute illness.
- For preterm infants, discharge is considered only if an infant demonstrates physiologic stability by showing competency in all of the following functions:



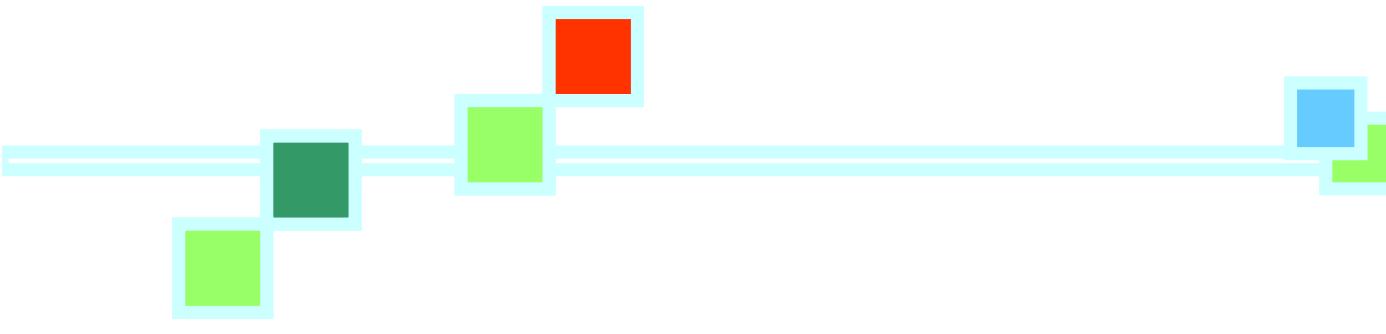
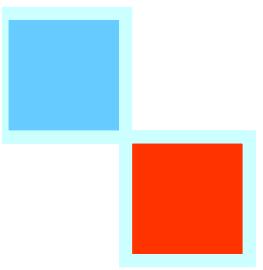
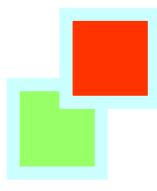
Maintain normal body temperature

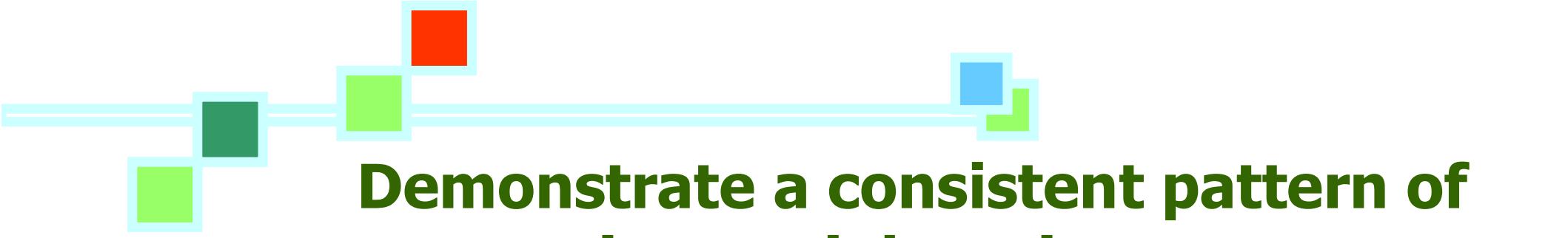
- Infants must maintain axillary temperature between 36.0 and 37.0°C (96.8 and 98.6°F) or rectal temperature between 36.5 and 37.8°C (97.6 to 100.0°F) in an open crib with normal ambient temperature between 18 and 22°C



Demonstrate maturity of respiratory control without episodes of apnea and bradycardia

- The length of time before discharge that an infant should be free from apnea and bradycardia is controversial.
- However, five to eight days of observation after discontinuation of caffeine therapy probably offers a sufficient margin of safety

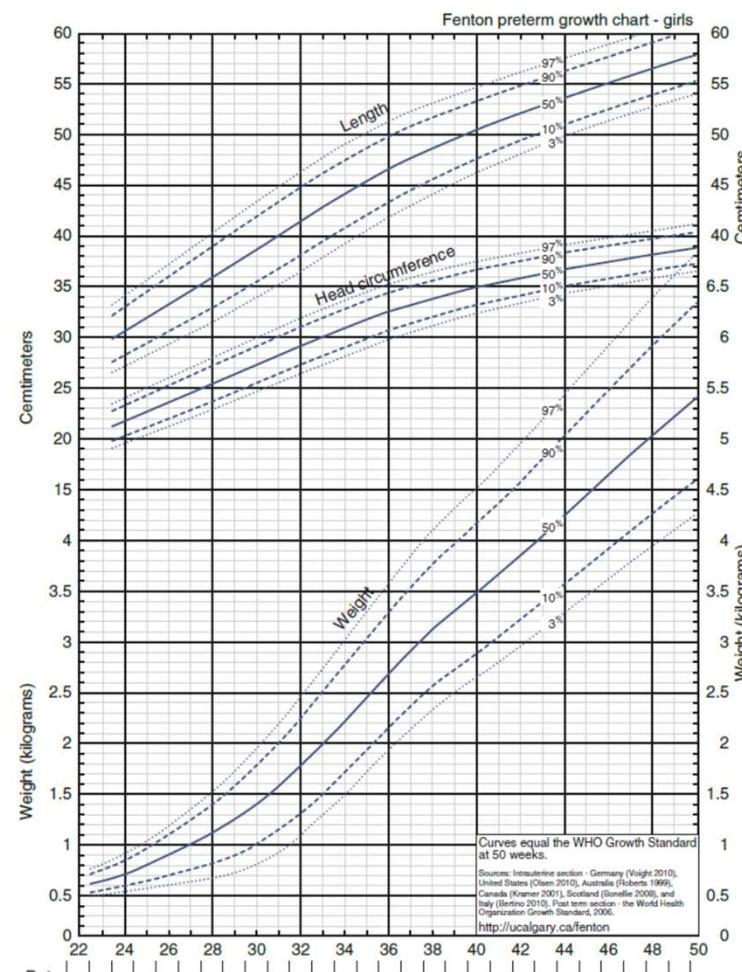
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- **Demonstrate mature oral feeding skills** – Infants must demonstrate appropriate breast and/or bottle feeding that will allow enough nutritional intake to promote appropriate growth

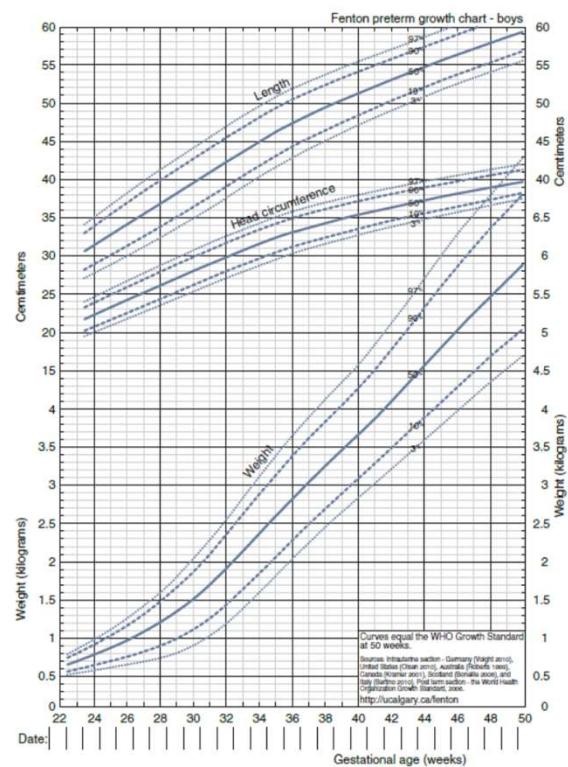


Demonstrate a consistent pattern of appropriate weight gain

- There is a lack of clarity on how best to define optimal rates of growth for preterm infants.
- In our centers, for preterm infants who weigh < 1 kg, we use a weight gain goal of 10 to 15 g/day;
- for preterm infants ≥ 1 kg, we use a goal of 15 to 20 g/day.
- For term infants, we use a goal of 20 to 25 g/day.
- Growth should be parallel to the normal growth curve. If the other criteria are met, attaining a specific weight is not necessary for discharge.

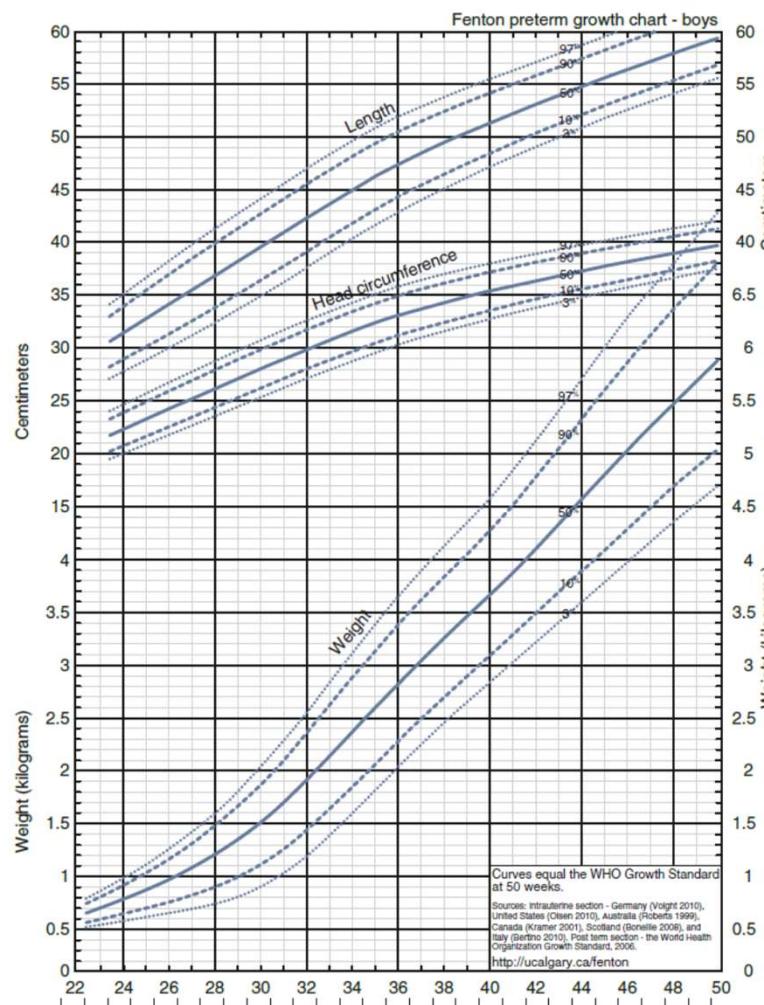
girls

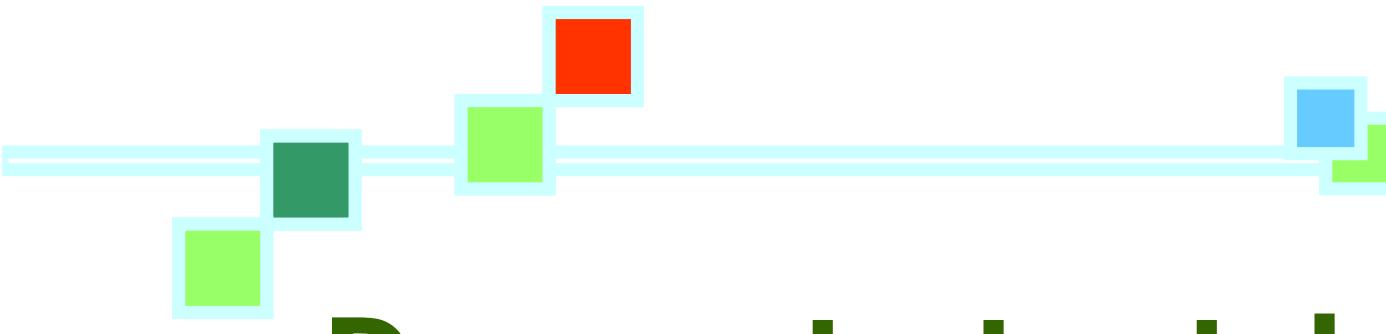




• **Fig. 8.9** Revised growth chart for boys. (From Fenton TR, et al. A systematic review and meta-analysis to revise the Fenton growth chart for preterm infants. *BMC Pediatr*. 2013;13:59.)

b)

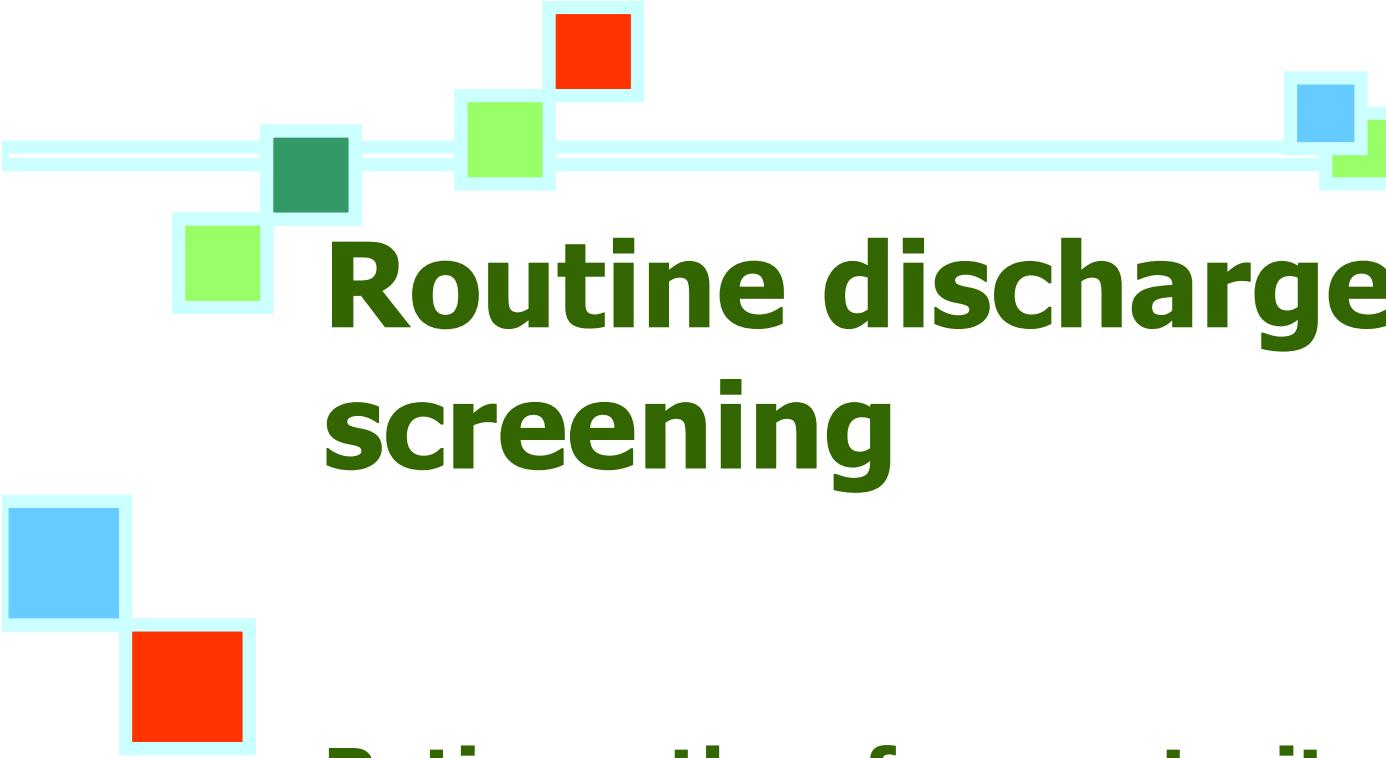




Demonstrate stability in supine sleeping position

- The infant needs to be able to sleep in a **supine position** with the head of the bed flat without compromising the infant's health and safety.
- Because the medical needs of the high-risk newborn may require non supine positioning, each NICU should have an established protocol in place to transition the infant to a safe sleep position and environment as soon as medically possible and well before discharge

- The medical team also prepares and educates parents/caregivers on the importance of maintaining a safe home environment to **prevent sudden infant death syndrome**, including caution about sleeping in infant swings or seating devices.



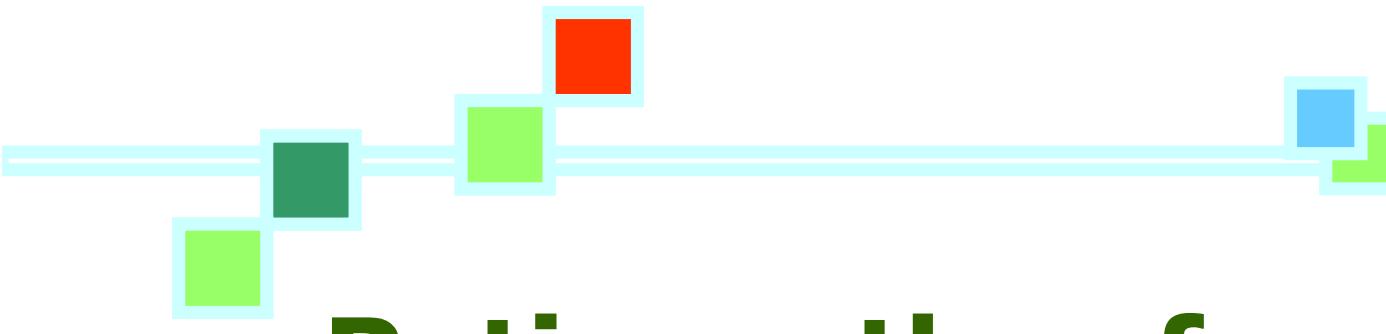
Routine discharge screening

Retinopathy of prematurity (ROP) –

Infants at risk for developing ROP include those with:

gestational age [GA] < 34 weeks or birth weight < 1500 g and

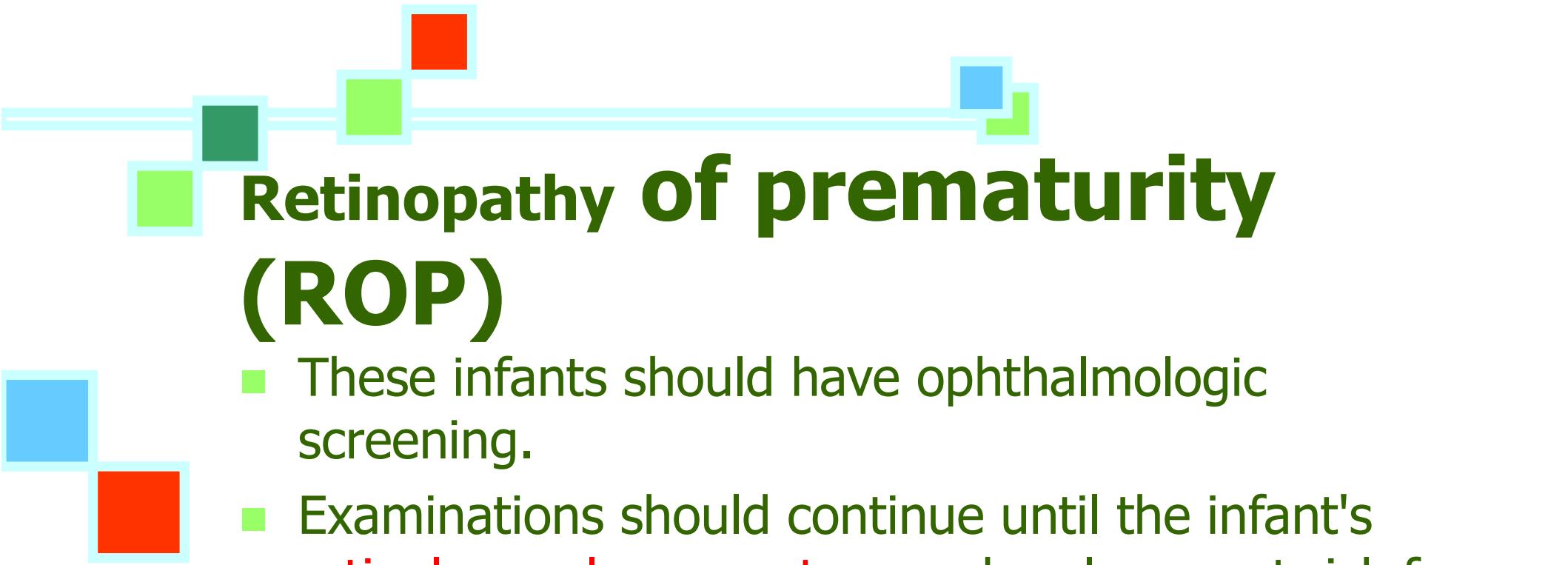
select infants > 34 weeks with birth weight 1500 to 2000 g who have other risk factors.



Retinopathy of prematurity (ROP)

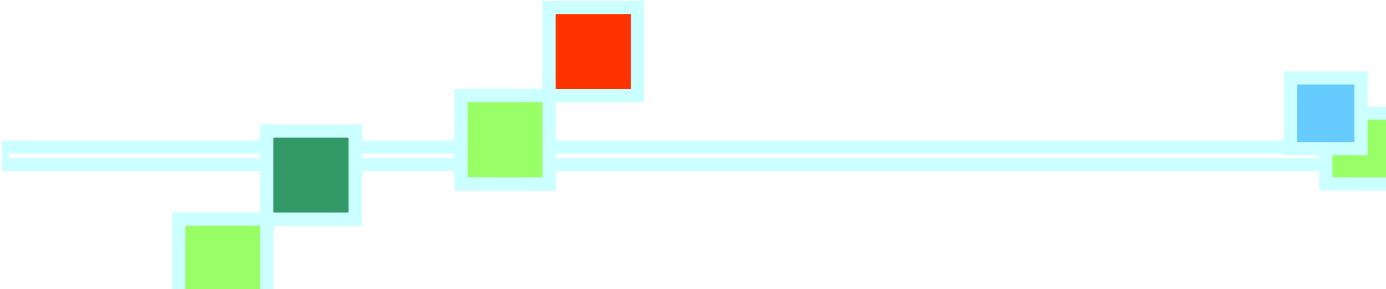
. Examinations should continue until the infant's retinal vessels are mature and no longer at risk for developing ROP.

After the retinal vessels are mature, follow-up with a pediatric ophthalmologist should be scheduled before the end of the first year of life, and sooner if concerns arise such as strabismus, nystagmus, or poor visual tracking



Retinopathy of prematurity (ROP)

- These infants should have ophthalmologic screening.
- Examinations should continue until the infant's **retinal vessels are mature** and no longer at risk for developing ROP.
- After the retinal vessels are mature, follow-up with a pediatric ophthalmologist should be scheduled **before the end of the first year** of life, and sooner if concerns arise such as strabismus, nystagmus, or poor visual tracking



• **BOX 100.2 Schedule for First Indirect Ophthalmoscopy in Premature Infants**

Who

- All infants with a birth weight of 1500 g or less or a gestational age of 30 weeks or less
- Selected infants with birth weight 1500 to 2000 g or gestational age over 30 weeks who are believed to be at risk for ROP

When

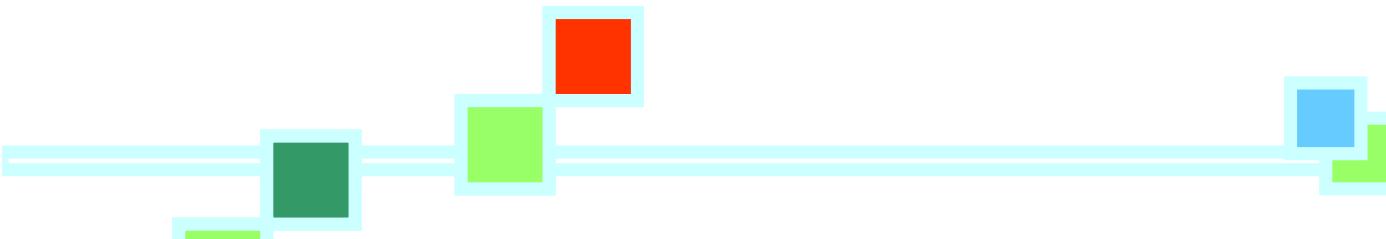
- By the later of 31 weeks' postmenstrual age or 4 weeks after birth
- Recommend first examination before discharge from the hospital

Adapted from Fierson WM. American Academy of Pediatrics, Section on Ophthalmology, American Academy of Ophthalmology, American Association for Pediatric Ophthalmology and Strabismus, American Association of Certified Orthoptists. Screening examination of premature infants for retinopathy of prematurity. *Pediatrics* 2018;142(6):e20183061.

Hearing screening

Hearing screening is performed using automated auditory brainstem responses (AABR).

of the increased risk of late-onset hearing loss in neonatal intensive care graduates, **follow-up hearing** evaluation should be scheduled by **nine months** corrected age

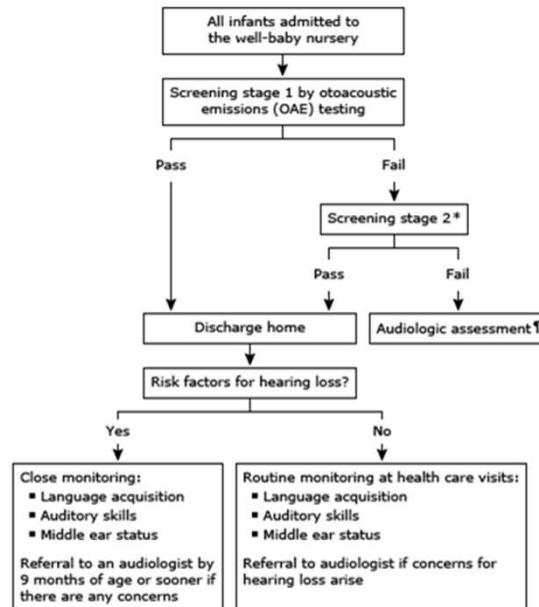


follow-up evaluation is scheduled For certain at-risk infants

- (infants with cytomegalovirus, meningitis, severe hyperbilirubinemia, perinatal asphyxia or hypoxic ischemic encephalopathy), follow-up evaluation is scheduled **within one to three months after** the initial hearing screen.

All infants who do not pass their NICU screen should be tested for congenital CMV infection.

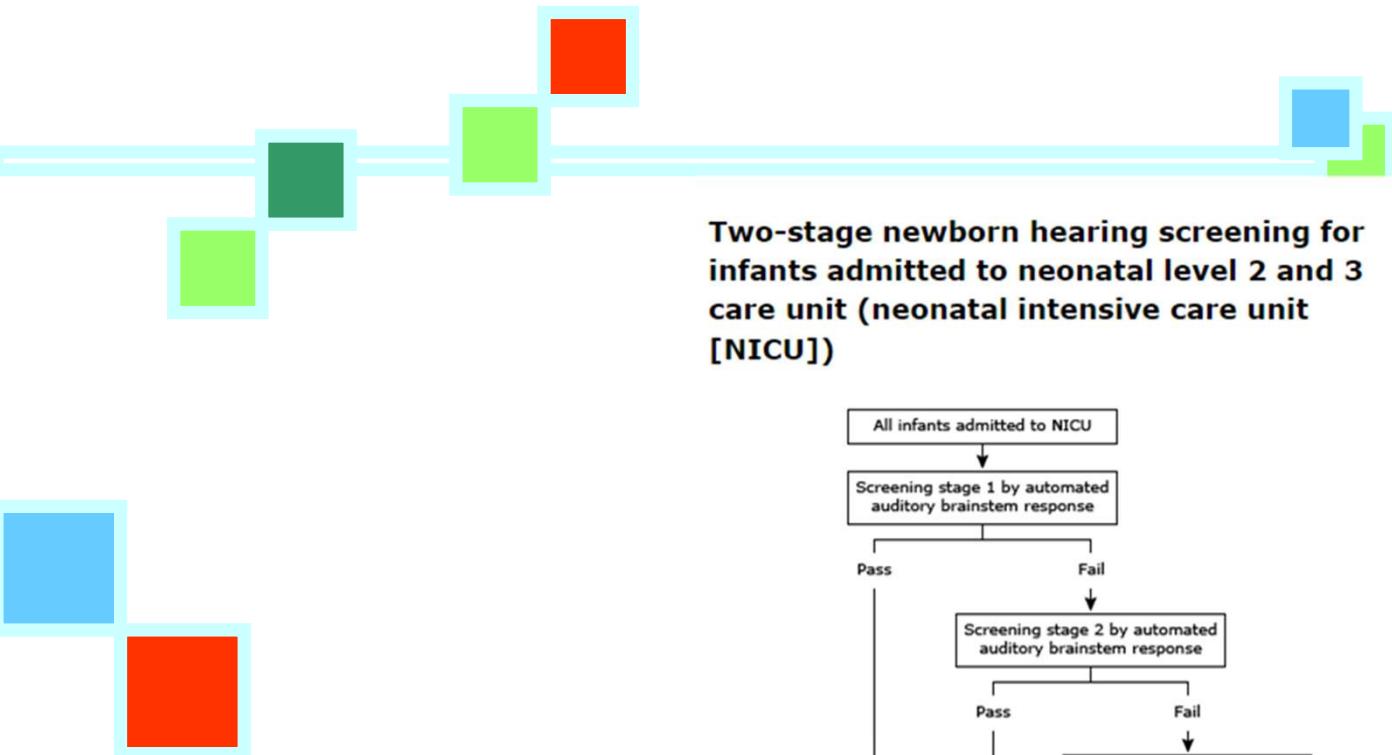
Two-stage newborn hearing screening for infants admitted to the well-baby nursery (neonatal level 1 care)



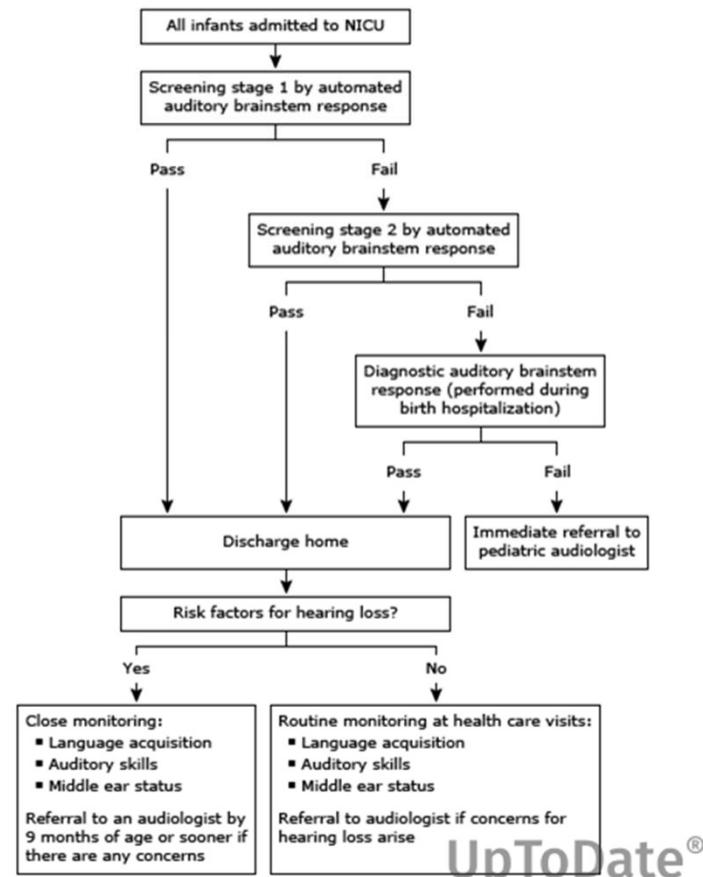
* Screening test for stage 2 is either by OAE or automated auditory brainstem response.

† Audiologic assessment for hearing loss is based on a diagnostic auditory brainstem response and is performed by an audiologist skilled in assessing infants and young children. The preferred timing for evaluation is prior to discharge from the birth hospitalization. However if this is not possible, evaluation should be done as soon as possible and no later than 3 months of age.

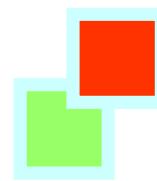
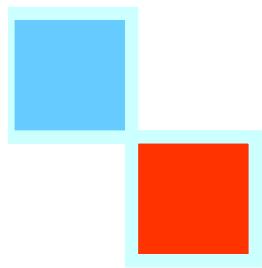
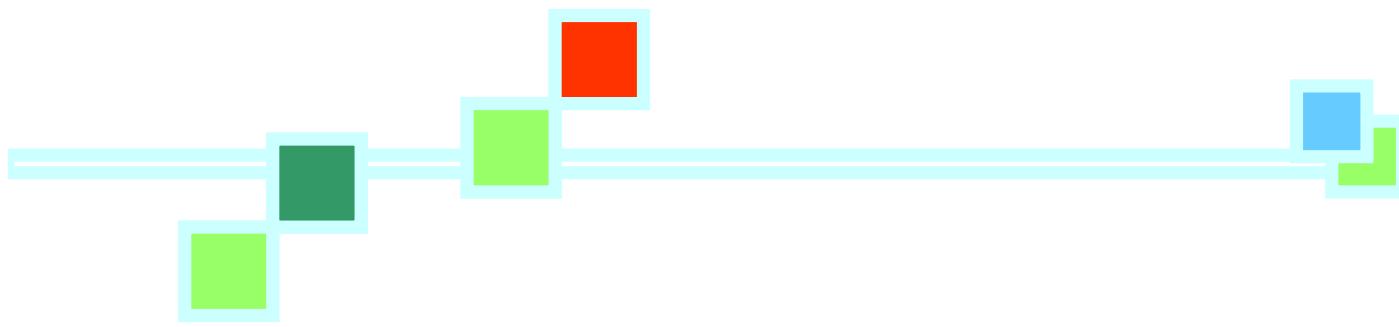
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Two-stage newborn hearing screening for infants admitted to neonatal level 2 and 3 care unit (neonatal intensive care unit [NICU])

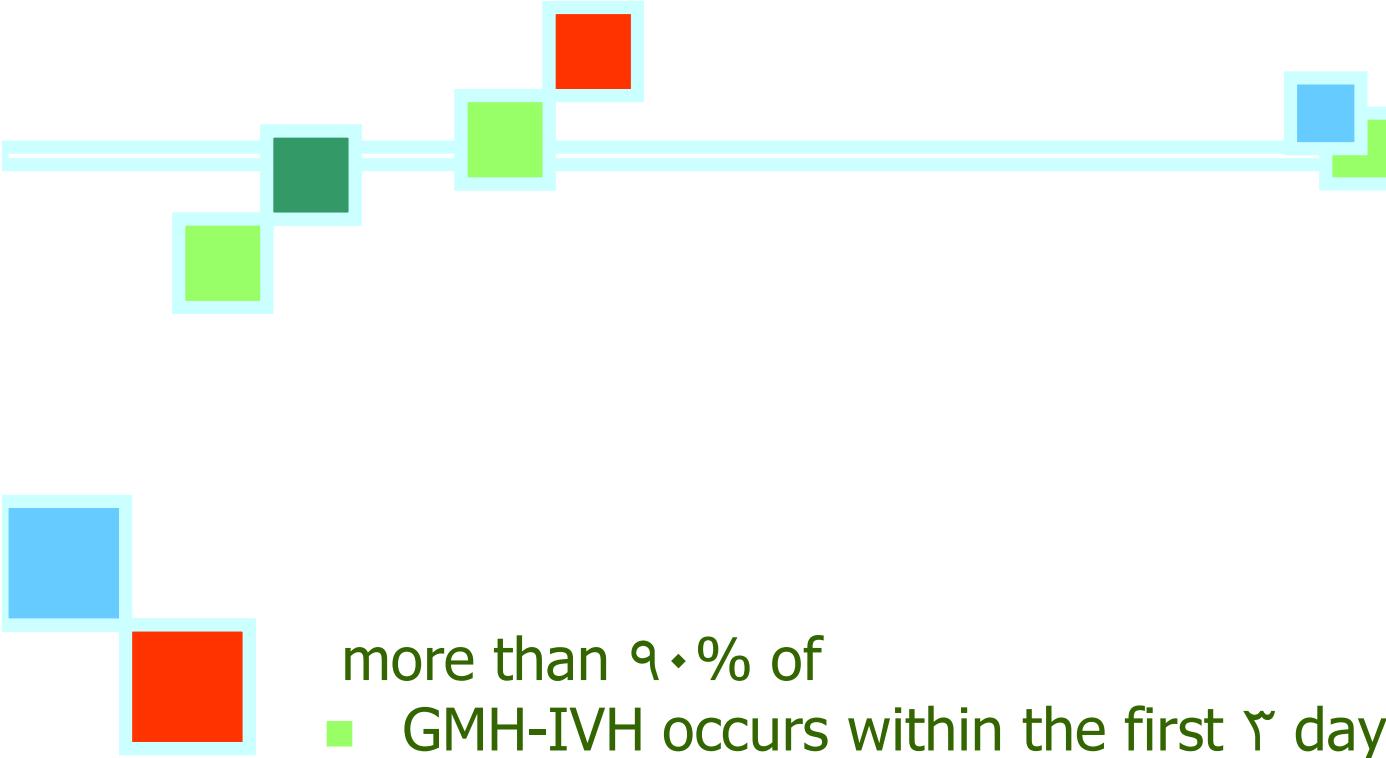
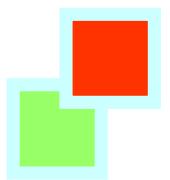


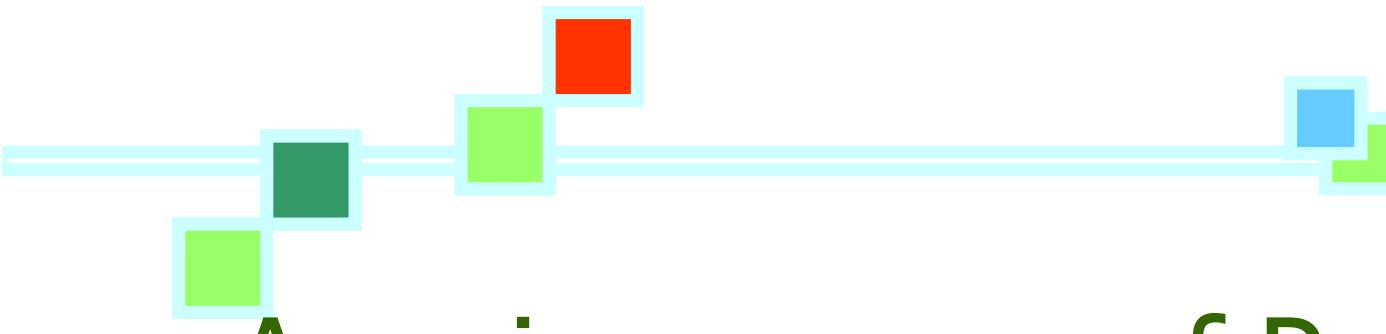
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Intraventricular hemorrhage

- Infants at highest risk are :
- gestational age **of less than 32 weeks** or a birth weight of less than **1000 g**.
- Most hemorrhages occur by **the first week of life**.
- The site of origin:
- for GMH-IVH is the **caudothalamic groove**, an area bordered
- by the ventricular surface of the caudate nucleus and the thalamus.

- 
- 
- more than 90% of
 - GMH-IVH occurs within the first 2 days of life
 - and of those, around half occur within the first 6 hours and
 - two thirds within the first 22 hours of postnatal life.
 - The lesion reaches its maximal extent by 3 to 5 days after initial detection.
 - Only around 10% of cases occur beyond the first week, in contrast to preterm white matter injuries wherein late onset is not uncommon



American Academy of Pediatrics

• •

- routine neuroimaging of the preterm brain and
■ recommended
- cUS screening of all preterm infants **less than 34 weeks** with **an initial scan within the first 5 days** and repeat
- scans **at 1 to 2 weeks of life and around term or discharge**
- **from the hospital.**

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TABLE 55.2 Proposed Ultrasound Screening Protocol in Preterm Infants

Timing	<28 Weeks and/or <1000 g	28–32 Weeks
1st cUS scan	Day 1 (optional)	Day 1 (optional)
2nd cUS scan	3	4–7
3rd cUS scan	7	14
4th cUS scan	14	28
Subsequent cUS scan	21	At term or discharge
Subsequent cUS scan	28	
Subsequent cUS scan	Every other week until 34 weeks' PMA	
Subsequent cUS scan	At term or discharge	
Brain MRI	Routine MRI at term	Routine MRI at term if significant risk factors

cUS, Cranial ultrasonography; MRI, magnetic resonance imaging; PMA, postmenstrual age.
Adapted from Inder TE, de Vries LS, Ferriero DM, et al. Neuroimaging of the preterm brain: review and recommendations. *J Pediatr*. 2021;237:276-287.e274.

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Ventricular Measurement Risk Zones

Name: DOB: Rt. VI Lt. VI

Rt. AHW Lt. AHW

Rt. TOD Lt. TOD

mm mm mm mm mm mm

PMA PMA PMA PMA PMA PMA

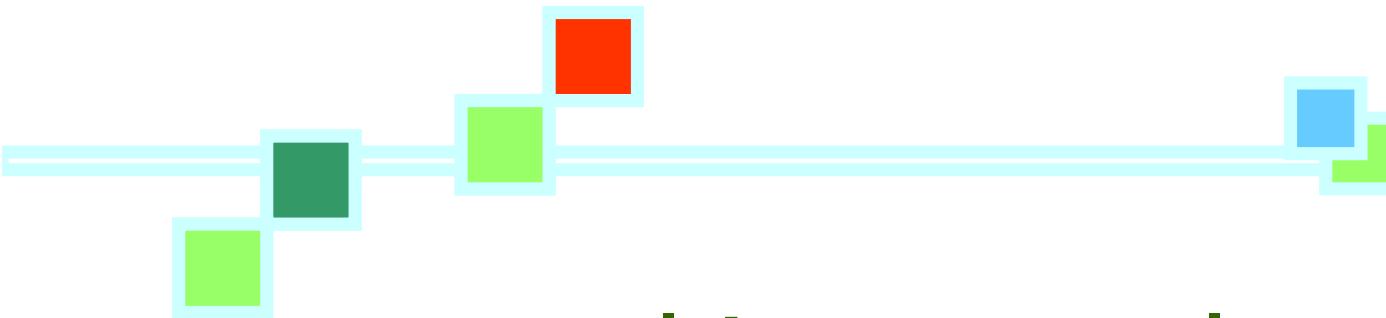
Legend: mean (green), p97.5 (yellow), P97 + 4mm (red), P97 + 6mm (dark red)

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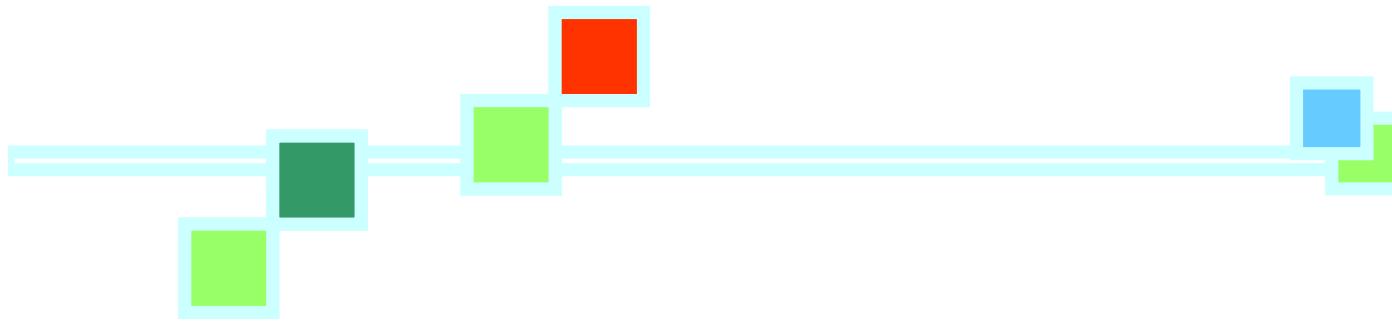
Brain imaging

– In addition to performing earlier screening for **intraventricular hemorrhage**, **brain imaging** with **ultrasound** or **magnetic resonance imaging (MRI)** may be indicated at a postmenstrual **age close to term** and prior to discharge to detect **periventricular leukomalacia** or white matter injury in **at-risk** infants

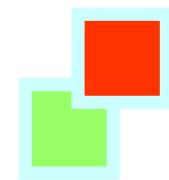


enteral iron supplementation

- may be started **between 2 and 4 weeks** of age.
- Infants receiving an erythrocyte-stimulating agent such as erythropoietin or darbepoetin may need a higher dose of iron.
- Phlebotomy and blood transfusions may dramatically alter iron stores, and serum ferritin measurements may be helpful to guide decisions for iron supplementation. If the serum ferritin is greater than **200 µg/L**, iron supplementation should be held until the ferritin normalizes

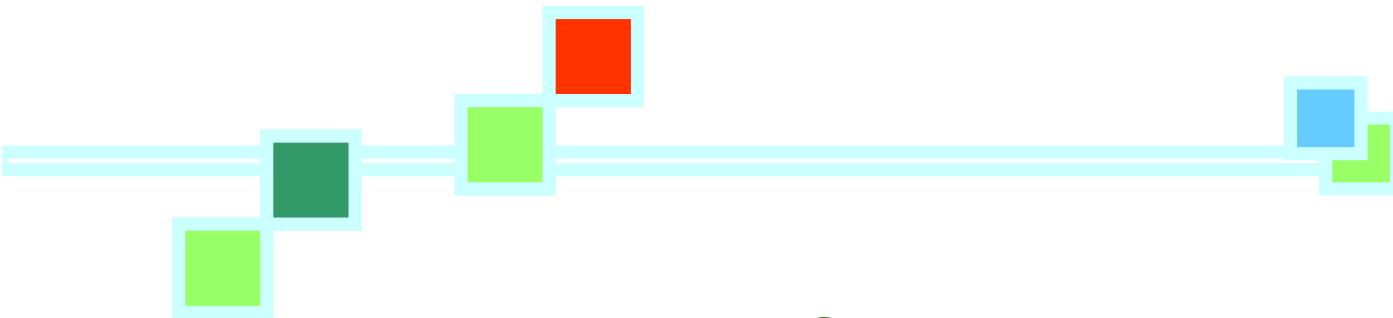


vitamines



Osteopenia of Prematurity

- The incidence is inversely proportional to gestational age and birth weight,
- it was estimated to be 0.6% in infants weighing less than 1000 g
- and 22% to 32% in infants weighing less than 1000 g;



Osteopenia of Prematurity

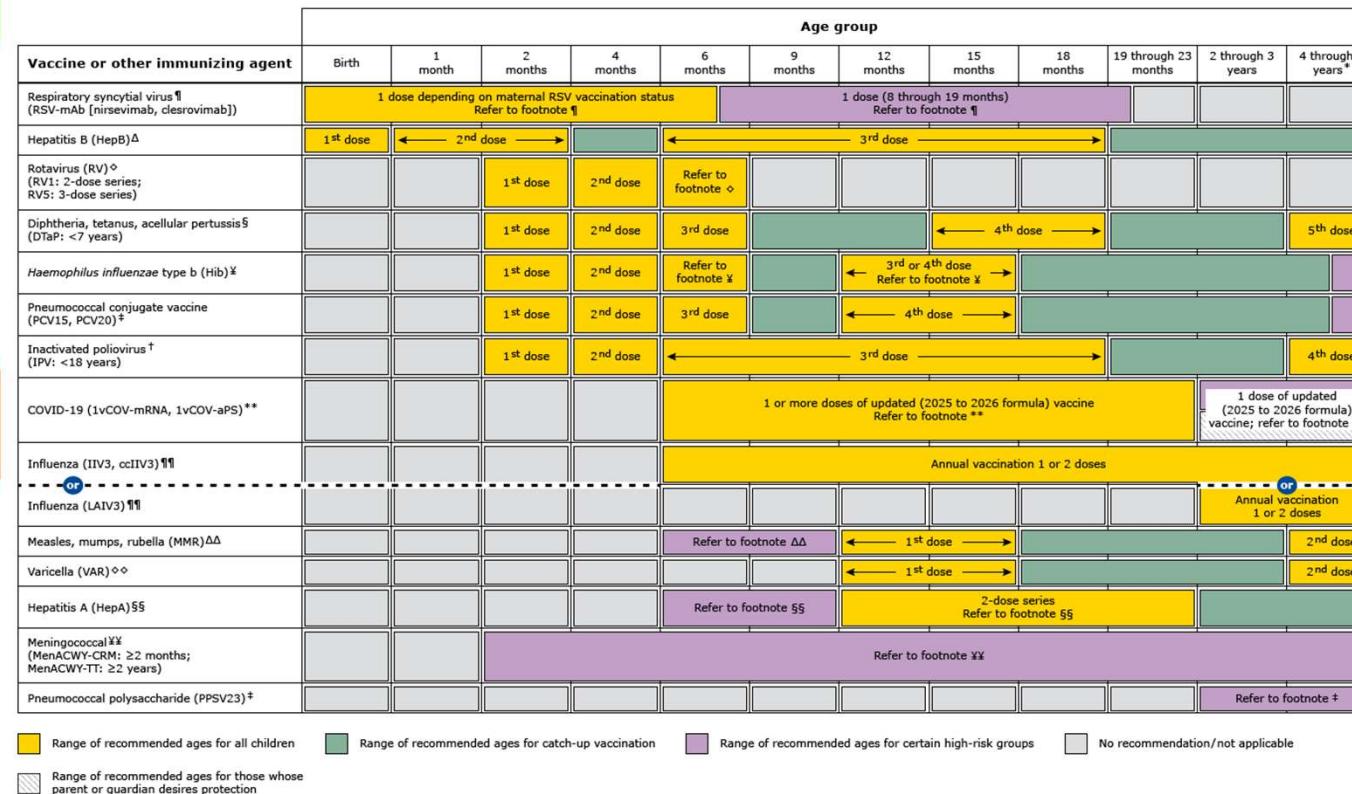
- Routine evaluation of bone mineral status using biochemical testing is indicated for infants with birth weight
- less than 1000 g but not those with birth weight greater
- than 1000 g.
- Biochemical testing should usually be started 4 to 6 weeks after birth.

- Serum alkaline phosphatase greater than 100 to 150 IU/L or clinical evidence of fractures should lead to a
- radiographic evaluation for rickets and management
- focusing on maximizing calcium and phosphorus intake
- and minimizing factors leading to bone mineral loss.

- A persistent serum phosphorus concentration less than approximately 15 mg/dL should be followed, and consideration should be given for phosphorus supplementation.

- At the time of discharge from the hospital, VLBW infants will often be provided higher intakes of minerals than are provided by human milk or formulas intended for term infants using transitional (also referred to as post-discharge) formulas.
- If exclusively breastfed, a follow- up serum alkaline phosphatase at 1 to 2 weeks after discharge from the hospital may be considered.

Recommended immunization schedule for children age 0 through 6 years – United States, 2025 (for those who fall behind or start late, refer to UpToDate content related to the catch-up schedule)



Historically, this schedule has been based on guidance from the Advisory Committee on Immunization Practices and the American Academy of Pediatrics (AAP), but the UpToDate editors have made the decision to update this schedule based only on the AAP's 2025 recommendations.

- Consult the AAP immunization schedule for detailed recommendations.
- When a vaccine is not administered at the recommended age, administer at a subsequent visit.
- Use combination vaccines instead of separate injections when appropriate.
- Report clinically significant adverse events to the Vaccine Adverse Event Reporting System (VAERS) online at <https://vaers.hhs.gov> or by telephone, 800-822-7967.
- Report suspected cases of reportable vaccine-preventable diseases or outbreaks to your state or local health department.
- For information about precautions and contraindications, refer to <https://www.cdc.gov/vaccines/hcp/imz-best-practices/contraindications-precautions.html>.
- For information regarding vaccination in the setting of a vaccine-preventable disease outbreak, contact your state or local health department.

1vCOV-aPS: adjuvanted, protein subunit COVID-19 vaccine; 1vCOV-mRNA: monovalent mRNA COVID-19 vaccine; anti-HBs: hepatitis B surface antibody; COVID-19: coronavirus disease 2019; HBeAg: hepatitis B e antigen; HBIG: hepatitis B immune globulin; HBsAg: hepatitis B surface antigen; IIV3: trivalent inactivated influenza vaccine; LAIV3: trivalent live attenuated influenza vaccine; MenACWY-CRM: Menveo; MenACWY-TT: MenQuadfi; mIU: milli-international units; MMRV: combined measles, mumps, rubella, and varicella vaccine (ProQuad); PCV13: 13-valent pneumococcal conjugate vaccine; PCV15: 15-valent pneumococcal conjugate vaccine; PCV20: 20-valent pneumococcal conjugate vaccine; PPSV23: Pneumovax 23; RSV: respiratory syncytial virus; RV1: Rotarix; RV5: RotaTeq.

* School entry age group.

Copyrights ap **¶ Respiratory syncytial virus monoclonal antibody (RSV-mAb; nirsevimab [Beyfortus]; clesrovimab [Eflonsia])**
(Minimum age: Birth)

- Routine vaccination:

For children 0 through 23 months, administer the first dose of the vaccine at 6 months of age.

Clinical indications for monoclonal antibody immunoprophylaxis against severe respiratory syncytial virus infections in infants and children <19 months

Population	RSV-mAb	Indications
Healthy infants	▪ Nirsevimab ▪ Clesrovimab*	▪ Born during RSV season or <8 months when entering their first RSV season ▪ If dose not received during first RSV season and <8 months upon entering their second RSV season
Infants with increased risk of severe disease: ▪ Children with chronic lung disease of prematurity [†] who required medical support ^Δ any time during the 6-month period before the start of the RSV season ▪ Children who are severely immunocompromised ▪ Children with cystic fibrosis who have manifestations of severe lung disease [◊] or have weight-for-length that is <10 th percentile ▪ American Indian and Alaska Native children	▪ Nirsevimab	▪ All infants born during RSV season or upon entering their first RSV season ▪ If <19 months when entering their second RSV season

This table summarizes our suggested indications for nirsevimab and clesrovimab. Refer to UpToDate's topic on RSV prevention for additional details, including a description of the evidence supporting the efficacy of both mAbs.

mAb: monoclonal antibody; RSV: respiratory syncytial virus.

* Clesrovimab is only approved for a first dose in infants <8 months of age.

† Chronic lung disease of prematurity is also known as bronchopulmonary dysplasia.

Δ Examples include chronic corticosteroid therapy, diuretic therapy, or supplemental oxygen.

◊ Previous hospitalization for pulmonary exacerbation in the first year of life or abnormalities on chest imaging that persist when stable.

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Clinical indications for monoclonal antibody immunoprophylaxis against severe respiratory syncytial virus infections in infants and children <19 months

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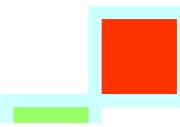
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Clinical indications for monoclonal antibody immunoprophylaxis against severe respiratory syncytial virus infections in infants and children <19 months

Population	RSV-mAb	Indications
Healthy infants	▪ Nirsevimab ▪ Clesrovimab*	<ul style="list-style-type: none">▪ Born during RSV season or <8 months when entering their first RSV season▪ If dose not received during first RSV season and <8 months upon entering their second RSV season
Infants with increased risk of severe disease: <ul style="list-style-type: none">▪ Children with chronic lung disease of prematurity[¶] who required medical support^Δ any time during the 6-month period before the start of the RSV season▪ Children who are severely immunocompromised▪ Children with cystic fibrosis who have manifestations of severe lung disease[◊] or have weight-for-length that is <10th percentile▪ American Indian and Alaska Native children	▪ Nirsevimab	<ul style="list-style-type: none">▪ All infants born during RSV season or upon entering their first RSV season▪ If <19 months when entering their second RSV season

This table summarizes our suggested indications for nirsevimab and clesrovimab. Refer to UpToDate's topic on RSV prevention for additional details, including a description of the evidence supporting the efficacy of both mAbs.

mAb: monoclonal antibody; RSV: respiratory syncytial virus.

* Clesrovimab is only approved for a first dose in infants <8 months of age.

¶ Chronic lung disease of prematurity is also known as bronchopulmonary dysplasia.

Δ Examples include chronic corticosteroid therapy, diuretic therapy, or supplemental oxygen.

◊ Previous hospitalization for pulmonary exacerbation in the first year of life or abnormalities on chest imaging that persist when stable.



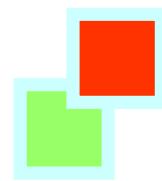
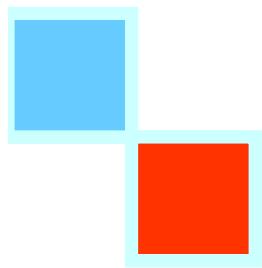
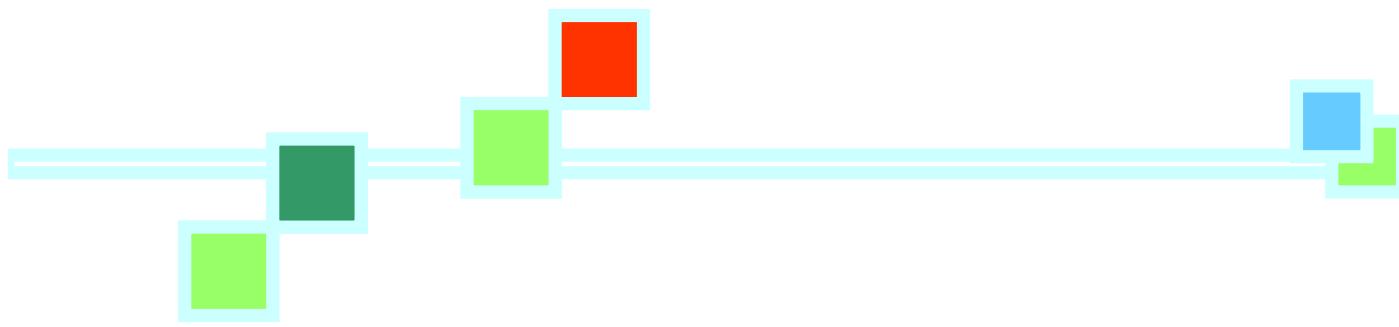
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Clinical indications for palivizumab immunoprophylaxis against severe respiratory syncytial virus infections in infants

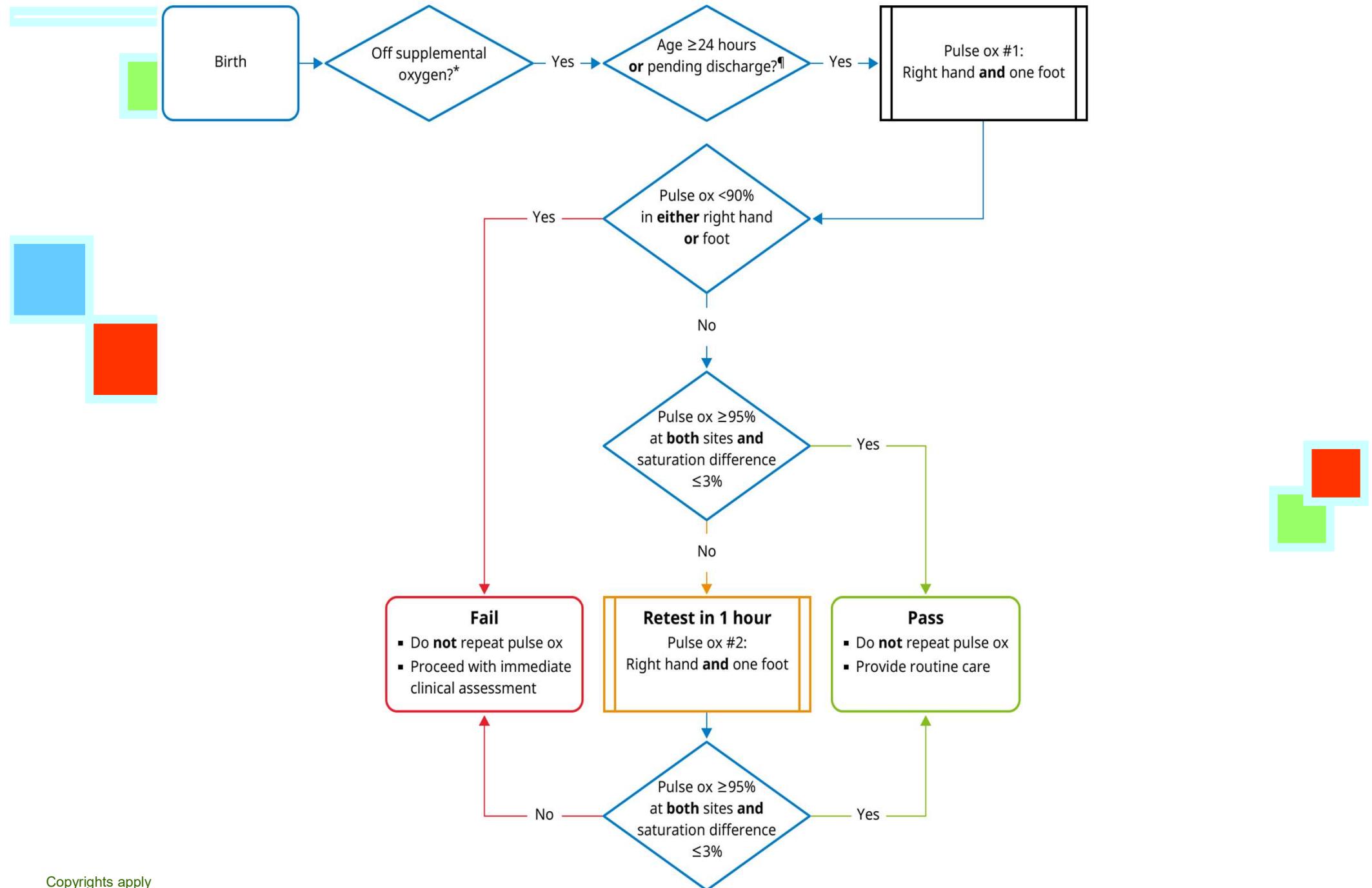
Population	Indications (only if nirsevimab is not available)
Preterm infants with BPD*	<ul style="list-style-type: none">▪ <12 months of age at the start of RSV season▪ Age 12 through 23 months and required medical therapy (eg, supplemental oxygen, glucocorticoids, diuretics) for BPD within six months of the start of RSV season
Preterm infants without BPD	<ul style="list-style-type: none">▪ Infants born at <29 weeks GA who are <12 months of age at the start of the RSV season▪ Preterm infants born at 29 to <32 weeks GA who are <12 months of age at the start of the RSV season and who have additional risk factors (eg, age <4 months at peak RSV season, attending daycare, older sibling in the household, parental smoking)¹
Infants with CHD	<p>Most likely to benefit:</p> <ul style="list-style-type: none">▪ Infants <12 months of age with acyanotic heart disease who are receiving medication to control heart failure and will require cardiac surgery▪ Infants <12 months of age with moderate to severe pulmonary hypertension <p>May benefit:</p> <ul style="list-style-type: none">▪ Infants <12 months of age with cyanotic heart disease (decisions should be made in consultation with the infant's cardiologist)
Other potential candidates ^Δ	<ul style="list-style-type: none">▪ Infants and children <2 years of age with primary immunodeficiency syndrome (eg, SCID) or significant immunosuppression (eg, heart or lung transplant or HCT)▪ Infants <12 months of age with severe neuromuscular disease▪ Infants <12 months of age with severe pulmonary disease (eg, TEF)▪ Infants <12 months of age with Down syndrome

This table summarizes our suggested indications for palivizumab in high-risk infants. **NOTE:**

Palivizumab should only be used if nirsevimab is not available. In addition to immunoprophylaxis, other general measures to prevent RSV infection in high-risk infants include hand washing, practicing cough hygiene, avoidance of tobacco and other smoke, and restricting participation in childcare during RSV season.



Algorithm for newborn pulse oximetry screening for critical congenital heart disease





Thank you

Dr, BAdiee. Neonatologist

Thank you