


دانشگاه علوم پزشکی و خدمات بهداشتی درمانی اصفهان
فرم اطلاعات علمی اعضای هیأت علمی و همکاران مقاطع تحصیلات تکمیلی

CURRICULUM VITAE (CV)

	۱- مشخصات فردی : Personal Details
نام خانوادگی: صراف زادگان	نام : نضال
لاین تحقیقاتی: قلب و عروق	تلفن تماس: ۳۶۱۱۵۳۱۰ پست الکترونیکی: nsarrafadegan@gmail.com

Education

۲- سوابق تحصیلی :							
معدل	کشور/ شهر محل تحصیل	نام واحد آموزشی	مدت تحصیل		گرایش	رشته تحصیلی	مقطع تحصیلی
			تا	از			
	ایران اصفهان	ایران اصفهان	۱۳۶۷	۱۳۶۸		قلب و عروق	دکترای حرفه‌ای یا دکترای

Books

۳- کتب چاپ شده:

۱. Hennekens CH. H, Buring J.E. Epidemiology in Medicine (Translation), 1998.
۲. Maghsoodloo. S. Cardiac Rehabilitation .Teimoorzadeh Publisher . (supervision) 2001.
۳. Burgarella F. The HEARTBook. (translated), 2001.
۴. Sarrafadegan N, Sajadi F. Hypertension and diabetes prevalence, awareness, treatment and control in the Eastern Mediterranean Region: with special reference to Iran. Frontiers Cardiovascular Health. Edited by N.S.Dhalla, A. Chokalingam, H I Berkowitz & P.K.Singal. Kluwar Academic Publishers, Boston, 2003.
۵. Sarrafadegan N, et al. Effective strategies and actions for control and prevention of non-communicable diseases in Iran “Isfahan Healthy Heart Program”. (First IHHP Series Book),) Isfahan University of Medical Sciences Publisher ,Isfahan , 2007.
۶. Sarrafadegan N, Alikhassi H. Isfahan Healthy Heart Program from design to implementation (Second IHHP Series Book)) ,Isfahan University of Medical Sciences Publisher ,Isfahan, 2008.
۷. Global Recommendations on Physical Activity for Health, World Health Organization, ۲۰۱۰ (□□□□ □□□□□□□□)
۸. Sarrafadegan N. Educational Package of Isfahan Healthy Heart Program(3rd IHHP Series Book) Isfahan University of Medical Sciences Publisher ,Isfahan, 2011
۹. Sarrafadegan N, Rabiei K. Participation Compliance and Outcomes of Outpatient Cardiac Rehabilitation Programs Among Women in Low Resource Settings. Cardiac Rehabilitation, Nova Publisher Inc ,US, 2010; Chapter 8:185-199
۱۰. Planning, Implementation and Evaluation of Non-Communicable Diseases Prevention and Control. WHO Publisher, 2010.
۱۱. Sarrafadegan N, Masoudkabar F.” Ethnicity and Cardiovascular Disease Risk Factors””.ESC Textbook of Cardiovascular Medicine 3rd edition .Edited by Thomas Luscher, John Camm, Gerald Maurer and Patrick Serruys. OXFORD UNIVERSITY PRESS 2017

Khosravi- Boroujeni H, Sarrafadegan N. “Effect of dairy products consumption on heart health and cardio-metabolic risk factors”. Handbook of Nutrition in Heart Health. Edited by Ronald Ross Watson & Sherma Zibadi. Wageningen Academic Publisher 2017

Publications

۴- مقالات در مجله های فارسی (عنوان، اسامی نویسندگان، سال، مجله):

1. Haidary Sardabi E, Majoor Z, Sadeghi M, Pourmoghadas M, Bahonar A, Sarrafzadegan N. "Association between the threshold sensitivity to salty taste and level of blood pressure salt-sensitivity in young Iranian normotensive individuals". ARYA Atherosclerosis
3. Sadeghi M, Badi M, Fallah-Mashkani R, Pourmoghaddas Z, Mohammadifard N, Afsahi Sh, Sarrafzadegan N. "The relationship between calcium, potassium, magnesium and sodium intake and salt sensitivity in subjects with normal blood pressure". ARYA Atheroscler.
4. Sadeghi M, Kermani-Alghoraishi M, Talaei M, Oveisgharan Sh, Sarrafzadegan N. "Prolongation of PR and QTC interval and prediction of cardiovascular events and mortality". AIM Journal .
5. Gharipour M, Sadeghi M, Dianatkah M, Sarrafzadegan N. "Triglyceride/High-Density Lipoprotein Cholesterol Concentration versus metabolic syndrome criteria to identifying cardiovascular disease risk and outcome". AIM Journal
6. Ahmadi A, Gharipour M, Heidari E, Navabi F, Sarrafzadegan N. "Main correlates of congenital heart defects". Cardiology in the Young.
7. Naeimeh Hosseini N, Mohammad Talaei M, Masoumeh Sadeghi M, Oveisgharan S, Sarrafzadegan N. "Risk of cardiovascular disease in treated and untreated individuals with hypertension: the Isfahan Cohort Study". International Journal of Cardiology
8. Roohafza H, Feizi A, Amani Tirani S, Sadeghi M and Sarrafzadegan N. "Dietary patterns in relation to major cardiovascular risk factors: Hypertension and hyperlipidemia- results from a large cross-sectional study among Iranian industrial workers. Cardiology Research and Practice.
9. Alizadehsani R, Hosseini M, Khozimeh F, Roshanzamir M, Sarrafzadegan N, Nahavandi S. "Non-invasive detection of coronary artery disease in high-Risk patients based on the stenosis prediction of separate coronary Arteries". Expert Systems With Applications
10. **Rabbanipour et al. "The Association between Sleep duration and quality of life: A cross-sectional study in a large sample of Isfahan Steel Company"s employees. Iran Occupational Health J**
11. Magroon M, Mohammadifard N, Sajaddi F, Ghaderian N, Karimi S, Jafari , Sarrafzadegan N. The effect of educational and encouraging interventions on perilipin levels: (TABASSOM STUDY). ARYA Atheroscler.
12. **Eghbali-Babadi M. Feizi A, Khosravi A, Nouri F. Taheri M, Sarrafzadegan N. "Development and Psychometric Properties of Self-care Questionnaire in Hypertension". ARYA Atheroscler.**

13. Masoudkabir F, Sarrafzadegan N, Mani A, Ignaszewski A et al. "Shared Lifestyle-Related Risk Factors of Cardiovascular Disease and Cancer: Evidence for Joint Prevention". International Journal of Public Health

۵- مقالات در ژورنالهای لاتین (عنوان، اسامی نویسندگان، سال، مجله):

۱. Sarrafzadegan N, Adib M. Association of HLA system and coronary artery disease. Iranian Journal of Medical Science 1995; 20(3&4):117-119.
۲. Sarrafzadegan N, Amininik S. Blood pressure pattern in urban and rural area: Isfahan Hypertension Study. Journal of Human Hypertension 1997; 11(7): 424-28.
۳. Sarrafzadegan N. Heart rate: a predictor of early mortality in patients with myocardial infarction. Iranian Journal of Medical Sciences 1997; 11(4): 295-8.
۴. Boshtam M, Rafiei M, Sarrafzadegan N. Obesity and associated cardiovascular risk factors in Isfahan population: Isfahan Cardiovascular Risk Factor Survey. Atherosclerosis 1997; 1(4):7-11.
۵. Asgary S, Sarrafzadegan N, Ghassemi N, Ghanadi A, Sajadi E, Sajadi F, Naderi Gh. Antihyperlipidemic effects of Crataegus Curvisepala lind. Intercontinental Cardiology 1998; 7(2): 73-75.
۶. Nematbakhsh M, Rajabi P, Soltani SH, Sarrafzadegan N, et al. Estrogen attenuates endothelial permeability and fatty streaks in cholesterol- fed male rabbit aorta. Atherosclerosis 1998; 2(1): 3-7.
۷. Rafiei M, Boshtam M, Sarrafzadegan N. Comparison of knowledge, attitude and practice of Isfahan population regarding the role of nutrition on coronary artery disease. Intercontinental Cardiology 1998; 7(1): 13-16.
۸. Sarrafzadegan N, Alikhasi H, Abdar N. "Cardiovascular disease situation and preventive actions in Iran". Atherosclerosis 1998; 136, Supplement 1: S53-S53.
۹. Sarrafzadegan N, Sajadi F, Mohammadifard F. "Antihyperlipidemic effect of crataegus Curvisepala Lind". Atherosclerosis 1998; 136, Supplement 1: S35-S35.
۱۰. Mohammadifard N, Sarrafzadegan N, Jalali A, Rafiei M, et al. Food and nutrients intake among adults of Isfahan. South Asian J of Preventive Cardiology 1998; 2: 59-64.
۱۱. Sarrafzadegan N, Boshtam M, Rafiei M. Risk factors for coronary heart disease in Isfahan. Europe J of Pub Health 1999; 9(1): 20-26.
۱۲. Sarrafzadegan N, Sayed-Tabatabaei FA, Bashardoost N et al. The prevalence of coronary artery disease in an urban population in Isfahan, Iran. Acta Cardiologica 1999; 54(5): 257-263.
۱۳. Sarrafzadegan N, Boshtam M, Malekafzali H, et al. Secular trends of mortality from cardiovascular disease in Iran: with special reference to Isfahan. Acta Cardiologica 1999; 54(6): 327-333.

١٤. Sarrafadegan N, Boshtam M, Najafian J, Poorshams A, Samarian S. "Hypertension and dyslipidemia among Iranian people". *Atherosclerosis* 1999;144, Supplement 1: S150-S151.
١٥. Sarrafadegan N, Malekafzali H, Tabatabaei F, Tafazoli F, Boshtam M. "Cardiovascular disease in Iranian women, trends in incidence and mortality from CHD 1990-1996 in Isfahan". *Atherosclerosis* 1999;144, Supplement 1: S187-S188.
١٦. Sarrafadegan N, Mohammadifard N, Sajjadi F, Abdar N. "Abdominal obesity and lipoprotein disturbances among Iranians". *Atherosclerosis* 1999;144, Supplement 1: S156-S156.
١٧. Sarrafadegan N, Naderi GH, Asgary S, Zarie M, Samarian H. "Hemostatic factors, apolipoproteins and lipoprotein(a) levels among Iranians". *Atherosclerosis* 1999;144, Supplement 1: S106-S107.
١٨. Sarrafadegan N, Zarei M, Naderi GH, Asgari S, Samarian H, Karimi A, Fatehi-far R. "The effect of fasting during the month of holy Ramadan on apolipoproteins and coagulation system". *Atherosclerosis* 1999;144, Supplement 1 S174-S174.
١٩. Sarrafadegan N, Zarei M, Samarian H, Naderi GH, Asgary S, Fatehi-far R. "The relation between apolipoproteins, lipoprotein(a) and hemostatic factors". *Atherosclerosis* 1999;144 Supplement 1, : S106-S106.
٢٠. Sarrafadegan N, Jalali A, Alikhasi H, Samarian H, Mohammadifard N, Sajjadi F, Boshtam M. "Central obesity, nutritional status and lipid disturbances in Iranian women". *Atherosclerosis* 1999;144, Supplement 1: S174-S174.
٢١. Sarrafadegan N, Kelishadi R, Hashmipoor H, Samarian H, Naderi Gh, Asgari S. "Lipoprotein and apoprotein levels among Iranian high risk children". *Atherosclerosis* 1999;144, Supplement 1: S136-S136.
٢٢. Asgary S, Naderi Gh, Sarrafadegan N, Haeri MR, Boshtam B, Zarei M. "The free radical inhibitory effect of some flavonoids". *Atherosclerosis* 1999;144 Supplement 1, : S188-S188.
٢٣. Boshtam M, Rafiei M, Sarrafadegan N, Asgary S, Khalili S, Zarfeshani S. "Smoking prevalence and its relation with some cardiovascular risk factors". *Atherosclerosis* 1999;144, Supplement 1: S188-S189.
٢٤. Mohammadifard N, Sarrafadegan N, Sajadi F, Abdar N. "Body fat distribution, serum lipids, blood pressure and coronary artery disease in adults of Isfahan, Iran". *Atherosclerosis* 1999;144 Supplement 1, : S159-S159.
٢٥. Sarrafadegan N, Boshtam M, Mostafavi S, Rafiei M. "Prevalence of hypertension and associated risk factors in Isfahan". *Eastern Mediterranean Health J* 1999; 5(5): 992-1001.
٢٦. Asgary S, Sarrafadegan N, Naderi Gh, et al. "Anti-oxidant effect of Flavonoids on hemoglobin glycosylation". *Pharmaceutica Acta Helvetica* 1999; 73: 223-26.
٢٧. Rafiei M, Boshtam M, Sarrafadegan N. "Lipid profiles in the Isfahan population: Isfahan Cardiovascular Risk Factors Survey". *Eastern Mediterranean Health Journal* 1999; 5(4):766-776.
٢٨. Boshtam M, Sarrafadegan N, Rafiei M, et al. "The relation between CK-MB/CK activity index and serum magnesium and fibrinogen in myocardial infarction". *Pakistan J Cardiol* 1999; 10(2-3): 47-53.

٢٩. Sarrafzadegan N, Atashi M, Naderi Gh, Baghai AM, et al. "The effect of fasting in Ramadan on the values and interrelations between biochemical, coagulation and hematological factors". *Annals of Saudi Medicine* 2000; 20(5-6): 377-381.
٣٠. Sarrafzadegan N, Singh RB, Rakesh Sharma, et al. "The Asian ethnic paradox: differences in dietary fat intake and risk of coronary artery disease in Iranian and Indian young - elderly populations". *J of Nutr and Environ Med* 2000; 11: 113-119.
٣١. Asgary S, Nadery GH, Sarrafzadegan N, et al. "Antihypertensive and antihyperlipidemic effects of *Achillea Wilhelmsii*". *Drugs Under Experimental & Clinical Research* 2000;26(3): 89-94.

Accepted Abstract in International Conferences

٦- خلاصه مقالات ارائه شده در کنگره ها، کنفرانس، همایش و... (ملی و بین المللی و...)

١. Sarrafzadegan N, et al. "The relation between education level, economic status and coronary artery disease in women" In: XII World Congress of Cardiology (Sep10-Sep14), Berlin: Germany, 1994.
٢. Sarrafzadegan N, et al. "Prevalence of hypertension in Isfahan" In: The 4th International Conference on Preventive Cardiology (June 29 - July 3), Montreal: Canada, 1997.
٣. Sarrafzadegan N, et al. "Prevalence of ischemic heart disease in Isfahan" In: The 4th International Conference on Preventive Cardiology (June 29 - July 3), Montreal: Canada, 1997.
٤. Sarrafzadegan N, et al. "Difference between the effects of passive smoking on fibrinogen and lipids of coronary patients and healthy people" In: The 4th International Conference on Preventive Cardiology (June 29 - July 3), Montreal: Canada, 1997.
٥. Sarrafzadegan N, et al. "The effect of passive smoking among adolescents and its relation to the education and socioeconomic status of parents in Isfahan, Iran" In: The 10th World Conference on Tobacco & Health (August 24- 28), Beijing: China, 1997.
٦. Sarrafzadegan N, et al. "The effect of smoking on the response of blood pressure to exercise and physical activity" In: The 10th World Conference on Tobacco & Health (August 24- 28), Beijing: China, 1997.
٧. Sarrafzadegan N, et al. "The prevalence of current smoking among Iranian adolescents estimated by plasma cotinine" In: The 10th World Conference on Tobacco & Health (August 24- 28), Beijing: China, 1997.
٨. Sarrafzadegan N, et al. "The effects of smoking on serum lipids and blood pressure response to rehabilitation exercise of cardiac patients" In: The 10th World Conference on Tobacco & Health (August 24- 28), Beijing: China, 1997.

١٠. Sarrafzadegan N, et al. "The effects of smoking on mean systolic blood pressure" In: The 10th World Conference on Tobacco & Health (August 24- 28), Beijing: China, 1997.
١١. Sarrafzadegan N, et al. "Sex- specific distribution of coronary heart disease risk factors in Isfahan, Iran" In: The 1st Eastern Mediterranean Congress on Preventive Cardiology and 10th Annual Iranian Congress of Cardiovascular Diseases (May 2-5), Isfahan: Iran, 1997.
١٢. Sarrafzadegan N, et al. "Relationship of pathologic coronary atherosclerotic lesions to serum cholesterol in young people in Isfahan/Iran" In: The 1st Congress of the Asian-Pacific Society of Atherosclerosis and Vascular Disease (March 14-18), Taipei: Taiwan, 1998.
١٣. Sarrafzadegan N, et al. "Antihyperlipidemic effect of crataegus curvisepala lind" In: The 1st Congress of the Asian-Pacific Society of Atherosclerosis and Vascular Disease (March 14-18), Taipei: Taiwan, 1998.
١٤. Sarrafzadegan N, et al. "The relation between serum fibrinogen and magnesium with relative index of CPK-MB/CPK activity in myocardial infarction" In: The 13th Biennial Congress of Cardiology (Dec 3-6), Karachi: Pakistan, 1997.
١٥. Sarrafzadegan N, et al. "Health promotion in primary and secondary prevention of coronary artery diseases" In: The Cardiology Update Congress (Sep 8-10): Oslovak, 1997.
١٦. Sarrafzadegan N, et al. "The relation between left ventricular thickness and pathologic mutiple coronary lesions in young and middle aged people in Isfahan" In: XIII World Congress of Cardiology (April 26-30): Rio De Janeiro: Brazil, 1998.
١٧. Sarrafzadegan N, et al. "Monocyte count as a risk factor for coronary heart disease" In: XIII World Congress of Cardiology (April 26-30): Rio De Janeiro: Brazil, 1998.
١٨. Sarrafzadegan N, et al. "Trend of cardiovascular disease mortality in Isfahan/Iran 1981 1994" In: XIII World Congress of Cardiology (April 26-30): Rio De Janeiro: Brazil, 1998.
١٩. Sarrafzadegan N, et al. "The relation between vitamin D level and Apo A1 and Apo B-100 in high risk children" In: XIII International Symposium on Drugs Affecting Lipid Metabolism (May 30- June3), Florence: Italy, 1998.
٢٠. Sarrafzadegan N, et al. "Smokers: Why do they start and continue smoking?" In: 2nd European Conference on Tobacco or Health (Feb 23rd 27th). Las Palmas de Grand Canaria, Spain, 1999.
٢١. Sarrafzadegan N, et al. "Governmental and non-governmental collaboration with the regional (Quit and Win) contest in Isfahan 1998" In: 2nd European Conference on Tobacco or Health (Feb 23rd 27th), Las Palmas de Grand Canaria, Spain, 1999.

Awards

۷- جوایز و افتخارات:

- Outstanding Research Award of the Year, the Ministry of Health and Medical Education.
- Outstanding Research Award of the Year, Isfahan University of Medical Sciences.
- Outstanding Assistant Prof. of the Year Award, Isfahan University of Medical Sciences.
- Has been selected for Who's Who in America.
- Special Presidential Award, by the Board of Directors of the International College of Nutrition.
- Outstanding Woman Award of the Year, the Governor of Isfahan.
- Outstanding Researcher of the Year 2001 Award, Isfahan University of Medical Sciences and Health Treatment Services in Isfahan.
- Iranian Presidential Award for the Year's National Razi Research Festival.
- Outstanding Physician of the Year- Social Security Assurance Service Award, Iran.
- Outstanding Physician of the Year- I.R of IRAN Medical Council Award. Isfahan, Iran
- Merit & Worth Medal from International Research Academy of Cardiovascular Sciences, Winnipeg, Canada.
- Merit & Worth Medal from Eastern Mediterranean Region Atherosclerosis Association, Cairo, Egypt.
- Outstanding Women of the Year 2003 in Isfahan, Iran.
- Presidential Award, the National Research Razi Festival in Clinical Sciences.
- Provincial Outstanding Researcher Award, Isfahan, Iran.
- Presidential Medal of Honor (in the field of Merit & Management), Tehran, Iran.